

5% (Table V) was not protective. Ascorbate alone gave some protection in the one experiment in which it was tried (Table V), but this compound behaves rancidly when added to meat, sometimes accelerating rancidity. Hot water extracts of green onion tops and green peppers had no protective effect.

The combination of tripolyphosphate and ascorbate gave excellent protection during the first few months of storage, but the treated samples were highly rancid at 47 weeks (Table I) and 1 year (Table IV). The increase in lipid oxidation is sudden and drastic and may coincide with loss of the ascorbate, although this has not been demonstrated.

BHA was the most effective of the antioxidants tried in preventing lipid oxidation (Table IV). Unfortunately, though no rancid odor was present in the BHA-treated samples even after a year of storage, an unidentified off-odor was evident at least during the last few months of storage. The peculiar "medicinal" odor detracted from the palatability of the cured meat. Further investigation of this problem is needed before BHA can be recommended as an antioxidant under these conditions.

Cured meat protected either with BHA or with tripolyphosphate plus ascorbate (up to the time of the sudden increase in oxidation) showed extremely high peroxide to TBA ratios. These antioxidants appear to prevent peroxide decomposition. Privett (9) has offered evidence that the synergistic activity of ascorbate may be due, at least in part, to its ability to delay peroxide decomposition.

Sensory Scores and Pigment Changes. Statistical evaluations of the correlation between several of the tests used were obtained using the Spearman rank correlation (17). The results are summarized in Table VII.

The correlation of rancid odor with TBA numbers is very high. This is true both for cured and for uncured samples,

and the correlation increases further when the total number of cured and uncured samples are ranked together. When it is considered that the organoleptic ratings were made over a period of many months, with no standards for comparison, a correlation coefficient of 0.92 is surprisingly high.

Peroxide number also correlates well with sensory scores in cured samples. The correlation coefficient is lower when uncured samples are ranked and, as might be expected, drops still more when cured and uncured samples are lumped together. Peroxides appear to be a less useful measure of rancidity than the TBA test, especially when sample treatments affect peroxide stability. The difficulty of designating a "threshold" peroxide number for rancid odor is evident when sensory scores are compared with peroxides in cured and uncured meats.

To correlate pigment losses in cured meats with rancidity tests, pigment ratios in Tables II, IV, and V were calculated for ranking purposes as percent retention, assuming that a ratio of 1.3 represents complete pigment destruction. These results could then be combined with pigment retentions by the Hornsey method (Table I). Pigment loss showed a high degree of correlation with both the TBA and peroxide numbers. Any antioxidant treatment which retarded lipid oxidation also retarded pigment loss.

All samples in Experiment 1 gave positive sulfhydryl tests throughout a year of storage. Freezing has been shown to protect sulfhydryl groups (4). Free nitrite was present in the cured sample throughout but rapidly disappeared from the cured sample containing ascorbate. This observation is in agreement with earlier work (8).

Acknowledgment

This work was performed under contract with the U. S. Department of

Agriculture and authorized by the Research and Marketing Act of 1946. This contract is being supervised by the Eastern Utilization Research and Development Division of the Agricultural Research Service.

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Received for review May 28, 1963. Accepted July 16, 1963.

POTATO SUGARS

The Quantitative Analysis of Glucose and Fructose in Potatoes

THE COLOR DEVELOPMENT in potato chips depends upon the formation of brown pigments during the frying of the potato slices in an oil bath. Habib and Brown (7) and Shallenberger (12) include that this color development

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results from the reaction between reducing sugars and amino acids. The exact mechanism of this reaction is not known; it is influenced by a number of factors, such as pH, temperature, concentrations of reactants, and catalysts. A number of investigations (3, 5, 6, 8, 10, 13) show that the sugar and

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amino acid contents vary considerably among potato varieties, and are influenced by environmental, cultural, and storage conditions.

To determine the concentrations of sugars in potatoes which had been subjected to diverse growing and storage conditions, a rapid, sensitive, and ac-

The reducing sugars, glucose and fructose, of potato tubers are extracted with 80% ethanol and measured quantitatively by means of a modification of the ferricyanide reduction method. The resulting ferrocyanide combines with arsenomolybdate and is measured spectrophotometrically at 745 m μ . Glucose and fructose are determined simultaneously through differences in their oxidation rates at 100° and 55° C. This method is accurate for total and individual reducing sugar constituents; the precision in all cases is better than 2%. The ferricyanide method gives results which compare quite favorably with the standard Shaffer-Somogyi method. Several substances, including ascorbic acid, amino acids, and polyphenols, do not produce significant interference when present in the concentration ranges normally found in potatoes.

accurate method was required for measuring glucose, fructose, and hydrolyzable sugars. Methods most often used for sugar analyses have been based on the reduction of copper (2). These methods have required long periods to perform, and the instability of the reduced copper has been a serious source of error. A limitation of the copper reduction methods, from the standpoint of potato investigations, has been their inability to discriminate between glucose and fructose. An improved method for measuring sugars was developed by Ting (14) for the analysis of reducing sugars in citrus juices. His method involved the reduction of alkaline ferricyanide to ferrocyanide, which was converted to its blue-green arsenomolybdate complex and measured colorimetrically at 515 m μ . Glucose and fructose were measured simultaneously through differences in their oxidation rates at 100° and 55° C. Total sugars were determined after inversion. However, the method described by Ting (14) lacked the sensitivity and accuracy required for measuring the relatively low concentrations of reducing sugars of potatoes.

The analytical method described in this paper involves the quantitative extraction of reducing sugars from potato tubers and the subsequent simultaneous analysis of glucose and fructose by a modification of Ting's (14) ferricyanide-arsenomolybdate method.

Experimental

Apparatus. The absorption spectrum of the ferrocyanide-arsenomolybdate complex was obtained on a Beckman DK-2 recording spectrophotometer. All measurements of absorbance at 745 m μ were made with a Beckman DU spectrophotometer. In all cases, 1.00-cm. silica cells were used.

Reagents. All of the reagents are the same as described by Ting (14). Because of the high sensitivity of the method, reagent-grade chemicals must be used throughout.

Procedure. From any given lot of potatoes, 10 tubers are selected randomly and sliced without peeling. These slices

are reduced to 1.5-mm. cubes, and a 50-gram subsample is heated with hot alcohol according to the A.O.A.C. method (2), reheated for 30 minutes at 75° C., cooled to room temperature, and filtered with suction. The residue is re-extracted two additional times with 100 ml. of 80% alcohol by the above procedure. The extracts are combined, diluted to 500 ml. with 70% alcohol, and stored at 4° C. until analyzed.

Measurement of Reducing Sugars.

These reactions are carried out essentially as described by Ting (14). The 1-ml. aliquot taken for analysis should contain from 0.10 to 0.45 mg. of reducing sugars. Heating is carried out with the water level of the bath above that in the flasks.

Absorbance measurements are made 30 to 60 minutes after the addition of the arsenomolybdate solution, at a wavelength of 745 m μ ; a blank is treated in exactly the same way as the samples. This same procedure may be used for the determination of hydrolyzable sugars, after inversion.

One-milliliter aliquots of glucose and fructose solutions of graduated concentrations (0.01 to 0.05% w./v.) are subjected to the same procedures, and the respective absorptivities are calculated.

Calculations. At 100° C. glucose and fructose, and at 55° C. fructose, reacts at the same rate with ferricyanide, whereas at 55° C. glucose reacts at a much slower rate. Therefore, the absorptivity after oxidation of glucose and fructose at 100° C. and of fructose at 55° C. is the same (designated by a_{100}); a_{55} , the absorptivity resulting from oxidation of glucose at 55° C., is much smaller. Since Beer's law is valid over the concentration range of interest, the concentration of total reducing sugars (glucose and fructose) is found from the value of A_{100} , the measured absorbance from the reaction at 100° C.

$$c_t = c_g + c_f = \frac{A_{100}}{a_{100}} \times D \quad (1)$$

where c_t is the total concentration of glucose (c_g) and of fructose (c_f) in grams per 100 grams of potato on a wet basis. D is the dilution factor (in most cases, $D =$

10 since 50 grams of potato are extracted into 500 ml., and 1 ml. of extract is taken for analysis). The value of a_{100} is the slope of the plot of absorbance (A_{100}) versus concentration of glucose or fructose standard solutions. The concentration of glucose (c_g) in gram per 100 grams of potato on a wet basis, is given by

$$c_g = \frac{(A_{100} - A_{55})}{(a_{100} - a_{55})} D \quad (2)$$

where A_{55} is the measured absorbance from the reaction at 55° C. The value of a_{55} is the slope of the plot of absorbance (A_{55}) versus concentration of the glucose standard solution. The concentration of fructose (c_f) in gram per 100 grams of potato (wet basis) then given by

$$c_f = c_t - c_g \quad (3)$$

Since the cell length is the same for all measurements of absorbance, it is omitted from the equations.

Results and Discussion

Prior to the analyses of the reducing sugars in potato tubers, paper chromatographic separation of the potato extract was made to identify the major reducing sugars present. The separation was effected by one-dimensional ascending flow of the solvent system methyl ethyl ketone-propionic acid-water (75:25:30 v./v.). The sugar spots were developed with a 0.5% solution of 3,5-dinitrosalicylic acid (monosodium salt) in 4% aqueous sodium hydroxide. According to Woodward and Rabideau (15), reducing sugars develop a brown color with 3,5-dinitrosalicylic acid, and nonreducing sugars, a green color. The spray chromatograms showed only two brown spots, which corresponded in position to glucose and fructose. This agrees with previous reports (9, 10, 13) that glucose and fructose were the major reducing sugars in most varieties of potato tubers.

The absorption spectra of the ferrocyanide-arsenomolybdate complex developed following reaction of fe-

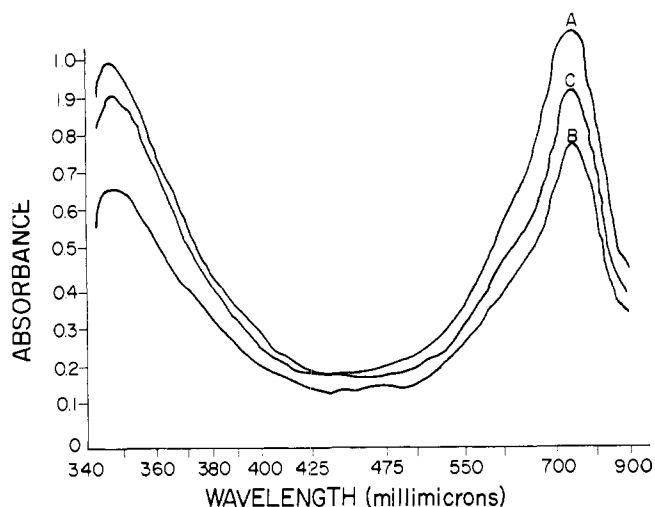


Figure 1. Absorption spectra of ferrocyanide-arsenomolybdate complex (reaction temp. 100° C.)
(A) Glucose, 0.06 gram/100 ml.; (B) Glucose, 0.04 gram/100 ml.; (C) Potato extract

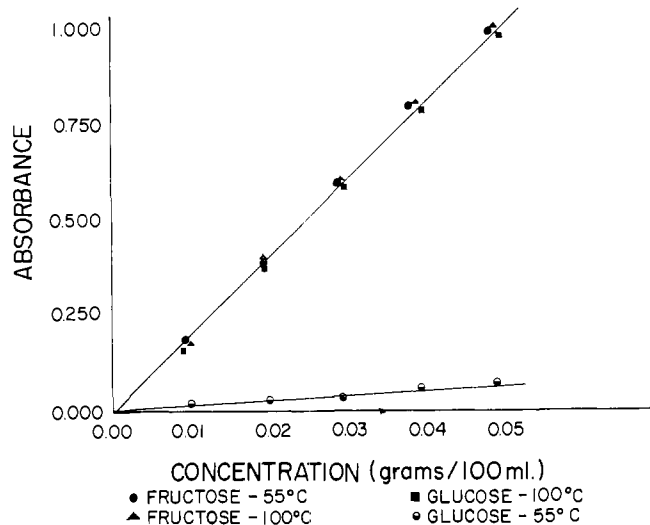


Figure 3. Relationship of reducing sugar concentrations to absorbance of ferrocyanide-arsenomolybdate complex
(Wavelength setting 745 $m\mu$, slit width 0.045 mm.)

ricyanide with potato extracts and with standard solutions of glucose and fructose are shown in Figures 1 and 2. These spectra all showed absorption maxima in the 740 to 750 $m\mu$ region. The untreated potato extract showed no appreciable absorbance between 650 and 900 $m\mu$. By measuring the absorbance at 745 $m\mu$, where absorptivity was maximum, the sensitivity and accuracy of the method were greatly improved over Ting's method (14), in which measurements were made at 515 $m\mu$. Accuracy was increased because absorbance values fell within the region of minimum error (0.2 to 0.8) for the recommended concentration range—i.e., 0.01 to 0.045 gram sugar per 100 ml. of solution. The sensitivity was increased more than six times, as deter-

mined by the rate of change in absorbance with change in concentration. This rate of change for each 10 mg. of sugar per 100 ml. was 0.2 absorbance unit at 745 $m\mu$ and 0.03 at 515 $m\mu$. Because of the relative flatness of the absorption peak from 740 to 750 $m\mu$, measurement at 745 $m\mu$ results in a high degree of precision.

Figure 3 shows the relationship of absorbance to concentration obtained with glucose and fructose standard solutions oxidized at temperatures of 100° and 55° C. Fructose and glucose at 100° C. and fructose at 55° C. gave the same slope and thus the same absorptivity, designated a_{100} . At 55° C., however, glucose gave a much smaller absorptivity, designated a_{55} .

Data, presented in Table I, indicate

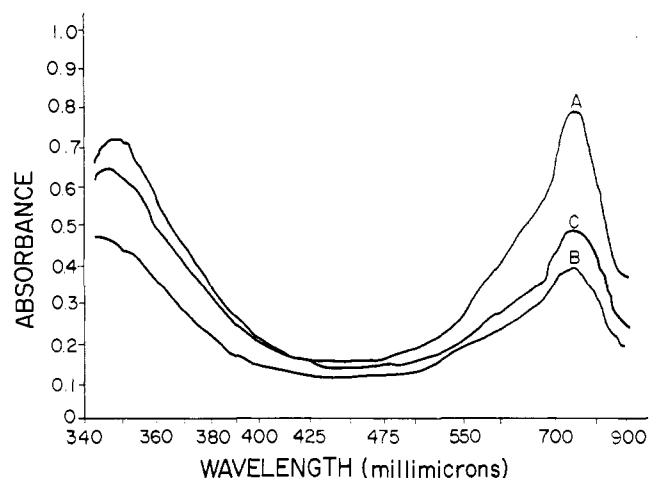


Figure 2. Absorption spectra of ferrocyanide-arsenomolybdate complex (reaction temp. 55° C.)
(A) Fructose, 0.04 gram/100 ml.; (B) Fructose, 0.02 gram/100 ml.; (C) Potato extract

Table I. Precision of Analyses of Total Reducing Sugars by the Ferricyanide-Arsenomolybdate Method

Control Solution, Mg./100 ml.	Extract	Potato Extracts		Difference between duplicates
		Per Cent in Potato A	B	
9.28	I	0.261	0.259	0.002
9.33	II	0.357	0.356	0.001
9.33	III	0.224	0.228	0.004
9.49				
9.28				
9.38				

Table II. Comparison of Methods for the Determination of Total Reducing Sugars

Sample	Total Reducing Sugars, %	
	Ferricyanide	Shaffer-Somogyi (11)
1	0.77	0.90
2	1.10	1.10
3	0.35	0.31
4	0.23	0.29
5	0.44	0.41
6	0.37	0.37

the excellent precision of the method when applied to replicate portions of a synthetic standard solution (control) and of several potato extracts. Values obtained for the control had a relative standard deviation of 0.84%.

The ferrocyanide-arsenomolybdate complex became stable about 15 minutes after its preparation. But after about 1 hour the absorbance decreased gradually. Therefore, all measurements were taken 30 to 60 minutes after the formation of the complex.

In the procedure described here, clarification of the extract with lead acetate and removal of alcohol by evaporation were unnecessary. Deletion of these steps offered distinct advantages over the Shaffer-Somogyi method (77). Clarification did not

cause any appreciable changes in reducing sugars as measured by the ferricyanide method, but occlusion of sugars could occur during clarification. The heat employed in the removal of alcohol in the Shaffer-Somogyi method (7) favored loss of reducing sugars through reaction with amino acids. Table II shows a comparison of results obtained by the Shaffer-Somogyi and ferricyanide methods. Alcohol did not constitute an interference in the present method; therefore, evaporation was unnecessary unless the sugar level was below 10 mg. per 100 ml. The use of more than 1 ml. of extract per 5 ml. of ferricyanide solution resulted in less-than-normal color development. Increasing the volume of ferricyanide proportionately yielded more accurate results, but the blanks were inordinately high.

The effects of several possible sources of interference were also evaluated. Ting (14) found that ascorbic acid would interfere only if present in concentrations greater than 100 mg. per 100 ml. The ascorbic acid concentration found in potatoes was much less than this value (13) and so should be unimportant. Other possible interfering substances, which proved to be unreactive, were citric acid and several amino acids. However, polyphenols constituted a definite interference if present in sig-

nificant concentration. Solutions of catechin and chlorogenic acid, representative of polyphenols, were selected to determine their reactivity with ferricyanide under the conditions of the method. These were found to constitute a definite interference—e.g., 0.01% chlorogenic acid and 0.04% catechin had ferricyanide-reducing powers equivalent to 0.011 and 0.08% reducing sugars, respectively. However, analyses of alcohol extracts of potato tubers by the method of Arnow (7), in which a red complex was developed if polyphenols were present, showed no detectable amounts of these substances. This was confirmed by a negative chromatographic analysis of potato extracts for polyphenols. In this study, therefore, no corrections of reducing sugar values for interferences were needed. Since polyphenol concentrations of 20 mg. per 100 grams of potato or higher may occur in some cases (4), the Arnow method (7) should be applied routinely. Whenever the polyphenol content of alcoholic extracts exceeds 0.5% of the sugar concentration, commensurate corrections based on chlorogenic acid should be determined and applied to sugar values.

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Received for review December 3, 1962. Accepted May 1, 1963. Florida Agricultural Experiment Stations Journal Series, No. 1621.

POTATO AMINO ACIDS

Isolation, Concentration, Separation, and Identification of Amino Acids in Potatoes by Ion Exchange and Paper Chromatography

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PREVIOUS STUDIES (4, 10) showed that the color developed in chipped and fried potatoes was primarily the result of the reaction of amino acids with reducing sugars. Therefore, a study of the quality of potatoes for these purposes required not only the isolation and determination of reducing sugars, but also the separation and quantitative identification of the constituent amino acids.

Most procedures for investigating amino acids have employed vacuum evaporation for concentration, followed by one- or two-dimensional paper chromatography. The solvent systems normally used in the latter step (2, 4, 8, 11) contained phenol, collidine, or other noxious materials. A study was made of the use of ion exchange for

isolating and concentrating the amino acid fraction in potato extracts. Several solvent systems were investigated for the paper chromatographic separation of the amino acids.

Experimental

Apparatus. An ion exchange column containing Dowex 50-X8 cation exchange resin, 50- to 100-mesh, in the hydrogen form is prepared (7, 9) by placing 15 grams of the wet resin in an appropriate column; in this investigation a 50-ml. buret containing a small piece of glass fiber and several glass beads next to the stopcock is used. The column is backwashed with deionized water to remove air and to distribute the resin uniformly. All residual cations are removed by washing with 50 ml. of 2*N* hydrochloric acid, followed by deionized water until the effluent is

neutral. The column is now ready for use. If numerous samples are to be analyzed, it is convenient to have as many as 20 columns set up to run concurrently.

Procedure. PREPARATION OF SAMPLE. Potatoes are extracted with 80% ethanol as described by Furuholmen *et al.* (3). The combined potato extract is protein-free.

ISOLATION AND CONCENTRATION OF AMINO ACIDS. Two-hundred milliliter aliquots of potato extract are passed through the prepared ion exchange column at a maximum flow rate of 100 ml. per hour. The amino acids are retained on the resin, while the alcohol and other solutes are washed from the column with 150 ml. of distilled water.

The amino acids are eluted with 2*N* ammonium hydroxide. When this procedure is followed, the first 20 ml. of

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